**HANDOUT 1 (25mks)**

**AUG SUSTITUTE MORNING ELDERCARE CLASS**

1. Discuss 3 main types of families in our today’s society. (6mks)
2. State 5 preparations you’d make ahead of a doctor’s appointment for the elderly (5mks).
3. List 4 ways in which you would involve the family in care for their elder (4mks).
4. State 5 members of a healthcare team. (5mks)
5. How can you, as a care giver adjust to the families rules and regulations of your care recipient (5mks)